



CRADLEY CE PRIMARY SCHOOL

PE Intent

At Cradley Primary School we feel passionately about encouraging all children to develop active, healthy lifestyle as well as nurturing and developing talents displayed in individual children. We do this by providing a rich and broad curriculum which has opportunities of all of UKS2 to participate in competitive sports and children to learn through values based PE sessions.

We provide opportunities for pupils to become physically confident in a way which supports their individual health and fitness. There are opportunities to compete in sport and extravaganzas with on an inter and intra school level, with a focus of sportsmanship and resilience.

We recognise the vital contribution of physical education to a child's physical, cognitive, social and emotional development, as well as the role it can play in relation to a child's spiritual, moral and cultural development. Our broad and rich PE curriculum enables pupils to experience both competitive and co-operative situations that are inclusive, creative and challenging.

To ensure **breadth** across the primary years, pupils experience six areas of activity: games; gymnastics; athletic activities; outdoor and adventure activities; and dance with swimming and water safety as an additional area in KS2.

To deepen their learning, there are two hours of physical activity each week and, with the exception of swimming, pupils experience all areas of activity each year. We promote a variety of school sports trips and provide stimulating resources for children to use at break and lunchtimes. We also support an active classroom where children are encouraged away from sedentary behaviours where appropriate.

Implementation

At Cradley we teach lessons so that:

- Children participate in high-quality P:E lessons twice a week covering two different sports/skills per term.
- Teachers use, theREalPE planning and resources to ensure lessons across years show progression.
- Classes follow the PE overview to ensure pupils participate in a variety of sports.
- Children have the opportunity for physical activity during morning and lunchtime breaks, with a playground or field stocked with resources. Staff are on duty to co-ordinate a range of active playground games.
- Children participate in a variety of competitive sports through interschool and inter-house competitions
- Children attend swimming lessons in Year 3 to 6.



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- We provide children with opportunities to participate in extra-curricular activities that are inclusive, enjoyable and increase children's physical activity. 1:1 supervision for SEND children in sports clubs is offered to both KS1 and KS2 pupils.

- Annually, the school celebrates 'Healthy Schools Week' to educate and promote a healthy lifestyle and physical activity. The school also celebrates other sporting activities across the year such as national fitness day and sport relief.

We take children to do adventurous activities at the end of Year 6 for a day. In Year 4-6 every other year on residential, on an annual boating trip and regatta.

- **We offer an inclusive whole-school Sports day.**

Impact

We ensure that our PE curriculum is progressive and allows children to develop fundamental skills and apply them to a variety of sports and activities. All children are provided with the skills and given opportunities to demonstrate improvement to achieve their personal best. P.E is taught as a basis for lifelong learning, where the children have access to a wide range of activities in the belief that if taught well and the children are allowed to succeed, then they will continue to have a physically active life. Our pupils are physically active and this has positive implications on their learning in the classroom. Children understand how to lead a healthy lifestyle and understand the importance of exercise. We hope children enjoy PE and develop a love of sport, and physical activity, that they pursue outside of school and in future life outside of primary school. All pupils understand the values and importance of fair play and being a good sportsperson. Year 6 pupils leave school with the skills to self-rescue in the water and swim 25 metres competently.

The use of assessment, questionnaires and surveys (pupils and staff) and by talking to children the quality of lessons and confidence in the teaching of PE improves and as a result the enjoyment and positive outcomes increases.