



CRADLEY CE PRIMARY SCHOOL

Cradley, Worcestershire, WR13 5NG
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Headteacher: Mrs Donna Jones BA (Hons)

Dear Parents/Guardians,

On Monday 4th July 2022, Years 4, 5 and 6 will be going bell-boating on The River Avon from Fladbury Marina. The bell-boat is a twin-hulled, stable craft with up to 12 people in a crew, who are seated and propel the boat with single-bladed paddles. All the crew will be wearing buoyancy aids. The focus is on working as a team.

We will leave school at 9am and have a long paddle in the morning, returning to the bank for lunch and toilet stops. In the afternoon, we will have a shorter session and return to school for 3pm.

Children should wear clothing suitable for the weather. Plenty of layers work well (t-shirt, sweat-top, fleece, joggers or tracksuit) to allow for changes in temperature throughout the day. Jeans are not suitable. Trainers or sturdy shoes should be worn. Children should not wear wellies - they are unsuitable near deeper water. Please bring sun cream and a sun hat if the weather is good.

Please bring spare, dry clothes and a towel in one bag, also bring a separate bag (to be taken on the boat) containing a substantial morning snack, a packed lunch (cancel hot dinners if applicable), a drink and waterproofs (ideally, waterproof trousers as well).

We ask for a £5 contribution for each child. We will need to cover costs in order for the trip to run. If the cost of the trip is prohibitive, then please contact me at school to discuss alternative funding.

Please also take note of the precautions contained in the information overleaf.

Please give consent and make payment on School Money.

Yours faithfully,
Miss Guy



SAFETY AND HYGIENE ADVICE

Paddle-sport on placid water is an enjoyable and safe activity provided buoyancy aids are worn and people are aware of water hygiene. There is now a general awareness of Weil's Disease which is a **rare** illness to which water users may be exposed. The most common symptoms are: a high temperature; influenza-like illness, joint and muscle pains, particularly in the calf muscles.

Anyone falling ill with the symptoms after fishing, sailing, paddle or other water sports, particularly **within the three weeks following** the activity, **MUST** see a doctor and advise him or her of the activity taken part in.

To prevent infection: Cover scratches and cuts with water-proof plasters AND wash or shower after water-based activities, particularly before eating.