

CRADLEY NURSERY

Sun Safety Policy

Procedure written by: L Smith

<u>Dates</u>				
Written	Autumn 25			
Reviewed		Summer 26		
Amended				
Next Review	Autumn 26	Summer 27		

Policy Statement

Cradley Nursery are committed to ensuring that all children and staff are protected from the harmful effects of ultraviolet (UV) radiation from the sun. Excessive sun exposure in childhood increases the risk of developing skin cancer later in life. As a setting, we actively promote safe sun behaviours, particularly between March and October, and especially 11am to 3pm, when UV rays are strongest.

Aims of This Policy

- To educate children, staff, and parents about sun safety.
 - To reduce the risk of sunburn, skin damage, and long-term skin cancer.
 - To ensure children are safe and comfortable while enjoying the outdoors.
 - To promote good hydration and sun-safe practices.
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Education and Awareness

- Age-appropriate discussions and activities on sun safety will be delivered to children at the start of the summer season.
- All staff receive information and reminders on the importance of sun protection for themselves and for the children in their care.
- Parents and carers are informed of the nursery's sun safety expectations on induction and through seasonal newsletters or reminders.

Staff act as positive role models, e.g.:

- Wearing hats and appropriate clothing.
 - Seeking shade when possible.
 - Regularly applying sunscreen.
 - Encouraging children to drink plenty of water.
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Environmental Protection

- The outdoor play area includes natural and artificial shade (trees, canopies, shelters).
 - During high UV periods, children are encouraged to play in shaded areas and staff rotate activities to avoid prolonged direct sun exposure.
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Clothing and Hydration

- Children should wear lightweight, loose-fitting clothing that covers the shoulders (no strappy tops).
 - Sun hats with wide brims or neck flaps are encouraged. Parents/carers are responsible for providing these.
 - Staff are encouraged to wear sun-protective clothing and hats to model good practice.
 - Children are encouraged to drink more fluids in hot weather.
 - Fresh drinking water is always accessible and staff will replenish drink bottles on a regular basis.
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Sunscreen

- Parents must supply an unopened, in-date bottle of sunscreen:
 - Must be minimum SPF 30 and have a 5-star UVA rating.
 - Must be clearly labelled with the child's name.
 - Should be suitable for sensitive skin (hypoallergenic, fragrance-free if possible).
- Sunscreen may be stored at the nursery throughout summer if clearly labelled.

Application Procedures:

- Children attending for a half-day:
 - Sunscreen should be applied at home before arrival.
 - Children attending full-day sessions:
 - Sunscreen should be applied at home in the morning.
 - Staff will support children to reapply sunscreen as needed in the afternoon, particularly before extended outdoor play.
 - Parental consent for staff to apply sunscreen is given in our Terms and Conditions.
 - Staff will wear disposable gloves or use pump applicators where appropriate to maintain hygiene.
 - Sunscreen will not be shared between children due to allergy and hygiene risk.
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Monitoring and Review

- This policy is reviewed annually or in response to updated guidance.
- Staff are reminded seasonally to adhere strictly to sun protection procedures.
- Parents will be reminded in spring of the need to provide hats and sunscreen.